



derby.go

Gym



Welcome to the latest edition of our Derby Active guide, providing you with information about all that's on offer in our leisure facilities.

We have courts, sports and activities throughout the city for everyone to enjoy.

Book a badminton or squash court at **Springwood Leisure Centre**, play football on our outdoor pitches at **Moorways Stadium**, or make a splash at **Queen's Leisure Centre**. Experience the thrill of the cycle track at **Derby Arena**, get your children active with our sports courses, take part in over 100 exercise classes or reach your fitness goals in our state-of-the-art Technogym fitness gyms.

Get active and enjoy!

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### **ACCESS**

Most of our facilities and activities are accessible for all, including ramped or flat access, disabled changing rooms, lifts, pool hoists, disabled parking, automatic entrance doors and hearing induction loop systems. If you require further information regarding access please contact the facility.

Don't miss our Family Fun in Derby guide and Derby LIVE What's On guide





### **GYMS**



We have gyms in all three of our leisure facilities, whether you want to train at **Derby Arena**, **Springwood Leisure Centre**, or **Queen's Leisure Centre**.

All of our gyms have state-of-the-art **Technogym** equipment and we pride ourselves on having a personalised attitude and approach towards our customers.

Our gyms are open to people of all abilities, whether you are looking to generally tone up or if you are working towards your own personal goal.



- · Personalised training programmes
- FREE fast classes
- Resistance machines
- Pure Strength resistance machines
- Cardio machines
- · My Wellness app
- Kinesis stations, UNITY screens and Omnia machines available at Derby Arena

Choose from one of our membership packages, see page 6 or you can use the gym on a pay as you go basis. New gym users can start training straight away, you will need to sign our Health Commitment Statement or you can book an induction for your first visit.

"Living in Oakwood we walk to Springwood Leisure Centre, we train 4-5 times per week. At 55 years old it's helped keep my fitness levels maintained to a good level. The gym is always up to date and well maintained, we find all the staff friendly and helpful if required. We're lucky to have it on our doorstep." Graham Kirkman, member







# **CLASSES**



Our class programmes are a great way to keep fit and have fun! We have something for everyone - whether you're new to exercise, pregnant, fancy a challenge or want to socialise.







Les Mills™ offer a range of classes including BodyAttack™ (aerobic), BodyPump™ (weight training) and BodyCombat™ (boxing moves)

Zumba is an aerobic dance workout with great music, you can burn loads of calories without even realising it.

AquaJog gives you all the benefits of running but with less impact on your body. The water offers resistance and support for a great workout.







Aqua Circuit is a high energy and fun fitness class in which you perform a range of exercises in the pool, shown to you by our motivational instructors.

Step aerobics is a choreographed routine of stepping up and down on a platform for an intense cardio

HIIT BLT is high intensity interval training for bums legs and tums. Improve strength and muscle tone in the lower body through a range of exercises.







Circuits is where the studio is set up with various exercise stations. You move around each station and workout different muscle groups.

**Pilates** uses controlled movements to improve flexibility, build strength and develop control and endurance in the entire body.

Visit **derby.gov.uk/workout** for our programme and full A-Z of class descriptions.

### **INDOOR CYCLING**

Indoor cycling or spinning is a great workout for your heart and lungs while improving your posture and burning calories. Sessions are available at Springwood Leisure Centre and Queen's Leisure Centre. These sessions are led by motivational instructors to the latest music beats, providing a great fitness workout. Whether you're a beginner or advanced group cyclist, we have a class for you.





### **WATTBIKE CYCLING**

Are you looking for extra inspiration and motivation? Try a Wattbike session at Derby Arena. Our studio is equipped with the latest Wattbikes, which make you feel like you're actually riding a real bike. Wattbikes have the technology to allow you to match the set-up of your road bike, providing the ultimate experience indoors.





Pay for each session, or join as a member see page 6. You can book online for classes up to 7 days in advance or call the facility (contact details on page 27)

# **MEMBERSHIPS**

We have a range of flexible membership options designed to suit you whatever your needs.

Our memberships give you the flexibility of paying monthly by direct debit, but with no joining fee and no contract. The most important aspect of our membership offer is that it is personal to you.

Our team will work with you to discuss your lifestyle, health and goals to ensure you get the most out of your membership.

Our memberships give you the choice of which facility to use, including **Derby Arena**, **Queen's Leisure Centre** and **Springwood Leisure Centre**.



#### FIND A MEMBERSHIP PACKAGE TO SUIT YOU AT derby.gov.uk/join









Prices subject to change

# LEISURE CARD

Our range of Leisure Cards offer great discounts on a range of sport and leisure activities.

#### STANDARD/JUNIOR/FAMILY LEISURE CARD

If you live in Derby you can get a 20% discount at our sports centre and pools with our Leisure Card. 10% for non residents

The annual cost is £10.50 for adults and £5.25 for young people under 16. Our Family Leisure Card is available for up to two adults, to a maximum of five people.

The annual cost is £20.75



#### **CONCESSIONARY LEISURE CARD**

Our Concessionary Leisure Card offers 40% discount on activities. It's available to Derby residents aged over 65 years, those with disabilities, people who are unemployed and full-time students. The criteria for getting the Concessionary Leisure Card is based on which benefits you recieve.

The annual cost is £5.25



#### **OVER 75 SAVER CARD**

If you're 75 and over you can use the gym, take part in a group exercise class or go swimming for just  $\mathfrak{L}1.20$  from Monday to Friday 9am to 4pm and all weekend.

The annual cost is £5.25



#### **RECREATION LEISURE CARD**

Our Recreation Leisure Card offers 6 months of discounted activities, including racket sports and public swimming from 9am to 4pm, Monday to Friday, and all day Saturday and Sunday. For Derby residents in receipt of certain benefits.

The six-month cost is £2.75



FIND OUT MORE AND HOW TO APPLY AT derby.gov.uk/leisurecard

Prices subject to change

### **SWIMMING**



We offer a great range of swimming opportunities at Queen's Leisure Centre. Our pool programme includes a variety of sessions, whether you're looking for fitness, fun, lessons, family splash or a bit of chill out time.

#### FOR OUR POOL PROGRAMME VISIT derby.gov.uk/swim

#### **PUBLIC SWIM**

Enjoy the water as a family, with friends or on your own, this session is for everyone to come along and swim. Our Public Swim sessions are available every day in the Gala pool and Teaching pool.



#### SWIM FOR FITNESS

Do you have a fitness goal to achieve? Our pool is a great place to improve your fitness, we have early morning sessions, Lane Swim and Aqua Fitness classes throughout the week.



### DISABLED SWIMMERS

Our pool programme is accessible to all. Our building has a flat entrance, lifts to all floors, Minicom and hearing induction loops, disabled changing rooms, pool hoists and easy access steps.



#### LADIES ONLY

Our Ladies Only session allows ladies to feel comfortable swimming, whether for relaxation, socialising, health or enjoyment.



#### **SWIM AS A FAMILY**

As a family you can swim in our public sessions, but we also have Family Splash sessions where there will be floats and toys for everyone to enjoy. For the younger swimmers come along to the Adult and Child sessions.

See **derby.gov.uk/holidays** for details of our school holiday activity and pool programme.



### **LEARN TO SWIM**

Our Learn to Swim programme at Queen's Leisure Centre provides the opportunity for every individual regardless of age or ability to learn to swim at their own pace and achieve their own personal goals. Our qualified swim teachers will progress your child through the Amateur Swimming Association (ASA) framework.





#### **UNDER 5S**

#### Ducklings - 3 months to 5 years

The Ducklings Awards are designed to help children to explore and enjoy the fun of learning to swim. With the help of parents/carers, your child will develop confidence both in and out of the water, whilst working towards the Duckling Awards.

#### **5 TO 16 YEARS**

Our lessons cover a range of topics, including water confidence, stamina, stroke technique and much more.

All lessons are delivered based on the ability of each individual, so regardless of your child's experience we will make sure they feel comfortable and help them to build their own confidence at their own pace.





#### **SWIMMING FOR DISABLED CHILDREN**

We offer Learn to Swim lessons for disabled children of all abilities. As part of a group we will provide the necessary stepping stones to help your child build their confidence and have fun in the water.

#### **ADULT SWIMMING LESSONS**

As an adult would you like to go swimming, but have low confidence or fear of the water? Ask about our adult Learn to Swim lessons

To book your lesson call 01332 641444 or visit derby.gov.uk/learntoswim

# **CYCLING**



Thanks to the success of Team GB in recent years and all of the attention following the Tour de France and the Olympic games, cycling is now more popular than ever. We welcome you to take part in this fantastic sport at **Derby Arena**, one of only five velodrome's in the UK, is the Midlands' new hub for track cycling.



Derby Arena's 250m indoor cycle track has already been ridden by some of the world's top cyclists including Sir Bradley Wiggins, Dame Sarah Storey, Laura Kenny, Mark Cavendish, Joanna Rowsell-Shand and Ed Clancy.





Although we attract elite riders to our track, we have great recreational, training and racing opportunities for everyone including beginners, juniors, women, visually impaired, physically disabled, seniors and veterans.

We welcome clubs, schools, groups, birthday parties and corporate bookings. We host our own track league and host local, regional, national and international track events.



### Join us and experience the thrill of the track for yourself!

#### Cycle Hub

We have track bikes and all the equipment you'll need available for hire. You can also hire space in our secure cycle store.

#### Gift vouchers

Vouchers for track cycling are available from Derby Arena website, the Sales and Information Centre or directly from the Arena.

#### **BEGINNERS & RIDING FOR FUN**

Never been on a cycle track before?

You don't need to be serious about track cycling to have a go - you can just enjoy the ride! The first session for any beginner (aged 12+) is our Track Cycling Taster.

#### YOUR CYCLE JOURNEY TO ACCREDITATION



#### Experienced cyclist, but new to Derby Arena track?

· feel ready to try a race and to move to structured quality training

We welcome experienced riders to Derby Arena, but you will need to attend an Accreditation session before you can ride the track.

at derbyarena.co.uk/accreditation

#### Do you hold an accreditation from another UK velodrome?

You'll need to attend a Stage 4 Accreditation session to familiarise you with Derby Arena track and provide you with essential information before you start.



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# **SPORTS COURTS**

Our sport facilities and parks offer a range of pitches and courts for you to hire for a quick game or as a regular booking for your club, school or organisation.



	Derby Arena	Moorways Stadium	Parks	Springwood Leisure Centre
Squash				•
Basketball	•			•
Racketball				•
Badminton	•			•
Table tennis	•			•
Short mat bowls	•			•
Short tennis	•			•
Grass pitches		•	•	
Athletics track & field		•		
Synthetic pitches		•	•	•
Handball	•			
Netball	•			•
Volleyball	•			
Futsal football	•			
Tennis			•	
Cricket			•	
Indoor cricket	•			
Walking football	•			

For court bookings at facilities call directly or book online at:

#### leisurecourses.derby.gov.uk/bookings.

To book a grass pitch for football or cricket call 01332 641234 Tennis courts are available at Markeaton Park, booking not required.

# **ATHLETICS**

The refurbished Moorways running track has provided Derby with a first class athletic facility. Moorways Stadium hosts competition events, is available for club and individual training sessions and is home to Derby Athletic Club.



Facilities include car parking and changing rooms.

To book facilities at Moorways Stadium call **01332 641234** or email **moorways.stadium@derby.gov.uk** 



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### **FAMILY FUN**

#### **SWIMMING**

Our pool programme at Queen's Leisure Centre has Family Splash sessions with floats and toys, or take your little ones to the lunchtime Adult and Child sessions which help build their water confidence in a fun safe environment.

In Learn to Swim sessions, our qualified ASA swim teachers will support your children in their first steps to learn to swim or improve their techniques for more advanced swimmers. See our Learn to Swim programme page 9 or visit derby.qov.uk/learntoswim



#### **UNDER 5s**

Our Leisure Facilities have a fun and active programme for under 5s to enjoy with their parents. At Queen's Leisure Centre we have Adult and Child sessions and Swim Ducklings which is part of our Learn to Swim programme. On the drier side, at Springwood Leisure Centre we have Bouncy Castle and Soft Play sessions and Pre-school Gymnastics.

#### CYCLING

If your child is 12 years and over they can ride the cycle track at Derby Arena. We also have family sessions during school holiday periods where children aged 9 years and over can ride.



#### **SPORTS COURTS**

As a family why not try badminton, football, basketball, squash, tennis or racketball at our facilities. See page 12 for more information.



# FAMILY FUN IN DERBY For all your Leisure and Culture family information see our Family Fun in Derby guide available in facilities and at derby.gov.uk/family



#### **HOLIDAY ACTIVITIES**

Do your children tell you they are bored during school holidays? Bring them to our Leisure Facilities, we have sports coaching sessions, spy camps, swimming lessons, bouncy castle and soft play, splash sessions, track cycling, inflatable fun in the pool, racket sports and lots more! See our holiday programme at derby.gov.uk/holidays.

#### **MUNDY PLAY CENTRE**

Markeaton Park Mundy Play area has been refurbished with new exciting play equipment including a pirate ship, new footpaths and seating, plus our Adventure Hub. We still have the bouncy castle, crazy golf, electric cars and canoes, which are open every weekend throughout the year, weather dependant.



#### COACHING

We want to encourage children and young people to be active and learn new skills through our courses and club development in our facilities, our courses are listed below.

	Derby Arena	Moorways Stadium	Queen's Leisure Centre	Springwood Leisure Centre
Gymnastics				•
Martial arts	•		•	•
Swimming lessons			•	
Football				•
Athletics		•		
Track cycling	•			
Trampolining				•

We have a variety of clubs that use our facilities from martial arts, soccer school, athletics to drama clubs. Contact the individual facilities to find out more, how to book and club information or visit derby.gov.uk/coaching.



Live IT helps children and their families to manage their weight by improving fitness, nutrition and self-esteem in a fun, friendly and supportive environment.

To find out more and to apply go to livewellderby.co.uk

**BIRTHDAY PARTIES** Looking for birthday party ideas? see page 17

#### **GYMNASTICS**

Our gymnastic programme aims to ensure that every participant achieves their full potential whilst enjoying our coaching programme which follows the British Gymnastics award scheme.

For course days and prices call Springwood Leisure Centre on **01332 664433** or visit **derby.gov.uk/coaching** 

**PRE-SCHOOL GYMNASTICS**Walking up to 5th Birthday



**GYMNASTICS** School age to 16 years



**TRAMPOLINING** 7 to 16 years



### ADVERTISE HERE

Reach customers across Derby by advertising here.

For prices & availability email lctmarketing@derby.gov.uk or call 01332 640847



# **BIRTHDAY PARTIES**

SPRINGWOOD LEISURE CENTRE | DERBY ARENA QUEEN'S LEISURE CENTRE



BOUNCY CASTLE PARTY • 5-A-SIDE FOOTBALL PARTY • TRACK CYCLING PARTY SPORTS ACTIVITY PARTY • SPLASH PARTY • FUNCTION ROOM

Let us take the headache out and put the fun into your next birthday party.

Our flexible range of packages have something to suit everyone.

derby.gov.uk/birthdayparties





Join **The Movement** and take part in loads of fun activities.

Get support to **stop smoking, manage weight, get fitter** and live life to the full!

- Gym and swim sessions for just £1.10 at Council leisure centres (12+)
- Confidential support to stop smoking (12+)
- 12-months support for children and families to manage weight (5-17)

Find out more at themovementderby.co.uk or livewellderby.co.uk



themovementderby.co.uk

@DerbyMovement



themovementderby



DerbyMovement



### **HELPING YOU TO LIVE BETTER**

Livewell offers a range of free 12-month supportive programmes to help people in Derby to:



#### **LOSE WEIGHT**

Our no-nonsense, life-changing programmes for adults and children can help you manage your weight for good.



#### **STOP SMOKING**

You're four times more likely to quit with us than going it alone. What's more, you can get free stop smoking medicine (conditions apply).



#### **GET FITTER**

Along with our friends at DCFC, we offer group exercise programmes for men and women in a friendly environment.



#### LOOK AFTER YOUR HEALTH

Our free 30-minute NHS Checks for 40 to 74 year olds includes a few simple tests to help you stay healthier for longer.

TO FIND OUT MORE AND APPLY GO TO livewellderby.co.uk

# OVER 50s

We have a wide range of opportunities for over 50s to be active, have fun and make new friends.



#### **GYM**

Our qualified gym staff will provide you with a programme and advice to help you achieve your personal goals using our state-of-the-art Technogym equipment in a friendly supportive environment. See page 3.



#### **WALKING FOOTBALL**

Join us at Derby Arena for this NEW activity for the football enthusiast. Meet others with the same passion for football. Individuals and groups welcome.



#### **CLASSES**

Our classes are a great way to keep fit, have fun and be social. Choose from relaxation classes, active living, aqua classes, zumba, step and more... See page 4.



#### **RACKET SPORTS**

Play badminton, table tennis, short tennis or squash. See page 12 for where to play.



#### **CYCLING**

Experience the thrill of Derby Arena's cycle track. We have sessions for experienced accredited riders and taster sessions for new riders. See page 10.



#### **SWIMMING**

Join us at Queen's Leisure Centre for early morning swim sessions, Aqua Fit, lane swim or you can learn to swim with us.



#### **BOWLS**

Enjoy a game of indoor bowls at Springwood Leisure Centre and Derby Arena with old and new friends



#### LEISURE CARD

Save up to 40% on activities. Over 75s can get certain activities for just £1.20 Monday to Friday and all weekend. See page 7.

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There are over 300 parks and open spaces in Derby, providing a great opportunity for everyone to enjoy the outdoors.

Our parks have nature reserves, wildlife, history and adventure, whether you're wanting a relaxing walk, family picnic or want to take part in an exhilarating sporting event our parks have something for you.

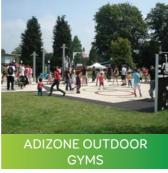
Five of our well-known parks have achieved Green Flag Award status, including Markeaton Park which also won the Love Your Park Award in 2016.

To find out more about parks in the city visit derby.gov.uk/parks

For events on parks visit derby.gov.uk/leisureevents



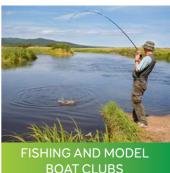


















See page 23 for some great events happening in Derby Parks this Spring and Summer.

### **GOLF**

Derby Parks has a fantastic range of opportunities to play golf in the City, from beginners having fun with the family through to the golf Pro. Find out more at **derby.gov.uk/golf** 

#### **CRAZY GOLF**

Enjoy fantastic family fun at our 18 hole Crazy Golf course within Mundy Play Area at Markeaton Park. Open weekends and school holidays, weather permitting.





#### PITCH AND PUTT

Suitable for anyone aged 8 years old and over, seasonal opening see our web page for details.

#### **FOOTGOLF**

A combination of the best football and golf using a regular size football, seasonal opening see our web page for details.

#### SINFIN GOLF

Sinfin Golf Course is managed by 7 Hills on behalf of Derby City Council. For details of the course, prices, opening times please visit www.sivgolf.com

### ALLESTREE PARK GOLF COURSE

This 18 hole course is set in mature parkland, with tree-lined fairways. To book call 01332 550616 or visit teeofftimes.co.uk/allestree-park.





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### **HIRE A SPACE**

We have rooms available to hire across our range of facilities including **Derby Arena** and **Markeaton Park**. Rooms are available for training courses, meetings, corporate events, exhibitions or as a classroom.

Our meeting rooms have flip charts, whiteboards, screens and projector and TVs.

Our in-house catering and technical teams are on-hand to work with you to ensure we meet the needs of your event.





To find out more or to make an enquiry please contact our space hire team on **spacehire@derby.gov.uk** or call **01332 287361**.

# **CORPORATE EVENTS**

Are you looking for a space for your upcoming event, conference, meeting or a corporate party? Or a unique and exhilarating teambuilding activity for an away-day?

**Derby Arena** and **Markeaton Park** have incredible flexible spaces, making an ideal venue for a wide range of activities and events.

Choose from a variety of Corporate Packages including Indoor Track Cycling, Adventure Hub, Footgolf, Pitch and Putt, Balance Boards, Falconry, Archery, Drumming, Make your escape challenges and Sports Courts.

There are multi-purpose rooms that can be used as a breakout space or for smaller events, meetings, training, conferences and hospitality.

We have in-house catering who can cater for light refreshments, through to formal dinner dance menus.

Enquire online at

derby.gov.uk/markeatoncorporate or derbyarena.co.uk/corporate
Call 01332 287361 or email spacehire@derby.gov.uk.





# For a full programme of events visit derby.gov.uk/leisureevents and derbylive.co.uk

#### ST GEORGE'S DAY **CELEBRATIONS**

Join us as we celebrate Merrie Olde England, with Morris dancing, a craft fair, a parade, and lots of English eccentricity.

#### Sat 22 Apr, 11am - 4pm

#### City Centre

Free. See website for full programme



# cycle derby sportive

Come and cheer on the riders, with the chance to take part in a range of family activities to introduce young people to cycling.

#### Sun 23 Apr, from 8am

Markeaton Park





Laugh your socks off at a range of events designed to tickle your funny bone.

#### Fri 5 - Sun 14 May

#### City Centre

derbycomedyfestival.co.uk

#### **COLOUR BLAST DASH**

A fun family colour-run in support of local family bereavement charity COPE

#### Sun 7 May, 9am -12:30pm

**Darley Park** 



#### **PROFESSOR BRIAN COX** LIVE

Whether an avid science reader or a total novice, Professor Brian Cox Live will test the limits of our knowledge and make highly complex ideas accessible to all.



#### SHAWN KLUSH -**ELVIS WORLD TOUR**

Direct from the USA, the world's most successful Elvis tribute artist of all time returns to the UK by popular demand. Featuring original Elvis band members and an orchestra.

Thu 11 May, 7:30pm

Derby Arena £.27 - £.50



Starring the World's leading Michael Jackson Tribute 'Navi' and featuring Michael's own iconic guitarist Jennifer Batten. A special concert featuring all the greatest hits and an absolute must see for MJ fans worldwide.

#### Fri 12 May, 7:30pm

Derby Arena £23 - £30





DERBY Half Marathon

### RAMa

Returning to the city of Derby for a fourth year, the Ramathon is a flat and fast half marathon starting and finishing at Derby County's Pride Park Stadium. Ramathon welcomes runners of all abilities whatever the aim. Sign up at ramathon.co.uk.

#### Sun 4 Jun, 9:30am

#### Pride Park

See website for race entry prices

Produced by the Chaddesden Partnership, in association with Derby LIVE



All the family favourites that guarantee a great day out for everyone to enjoy. A great selection of stalls, international food arena, dance, fun fair, live entertainment and the return of the fantastic dog show.

Sun 4 Jun, 11am

Chaddesden Park

Free entry See on site for prices



Join us for an extended season of outdoor theatre and cinema in the picturesque setting of the Craft Village.

#### Wed 14 Jun - Sat 5 Aug

Markeaton Park



The best female players from around the world will participate in fixtures held in Derby.

#### Sat 24 Jun - Mon 20 Jul

**Derbyshire County Cricket Club** cricket.derbyshireccc.com



THE DERBY CHARITY

SHOW

Cars, vans, motorcycles, trikes,

and sizes. Exhibitors can apply at

Free (Car parking charges apply,

Sun 9 Jul, 10am - 4pm

derbylive.co.uk

**Markeaton Park** 

exhibitors £5 per car)

#### THE GREAT FOOD AND **DRINK FAIR**

celebrity bakers taking to our kitchen demonstration theatre, where they will be showing you how to make the perfect cakes. Tickets available from greatfoodanddrinkfestivals.co.uk



#### **RADICAL RUN**

A fun 3km obstacle course for ages 5-14. Find out more at radicalrun.co.uk

Sat 24 Jun, 10am - 3pm

**Markeaton Park** 



#### JIMMY CARR

The Best Of, Ultimate, Gold, Greatest Hits

Jimmy is gathering a selection of his very best jokes along with brand new material for the ultimate comedy show. His new tour will distil everything we love to laugh at and be shocked by, into one incredible, unparalleled night of entertainment.







The 5k & 10k course is suitable for all abilities. This is thousands of women uniting with one purpose.

Sat 1 Jul, 10:30am

**Markeaton Park** £10 children, £14.99 adults

#### **PRETTY MUDDY 5K**

A brilliant 5k muddy obstacle course. Raise valuable funds for beating cancer.

Sun 2 Jul, from 10am

Markeaton Park £10 children £19.99 adults

See raceforlife.cancerresearchuk.org for details.

Treetops Hospice

#### **COLOUR RUSH**

A fun, family event. Get covered in coloured powder as you run, jog or walk 3km around the park, Find out more at treetopshospice.org.uk/events

Sun 16 Jul, 11am - 4pm

Markeaton Park







After two amazing years the Jenson Button Trust Triathlon is back in Derby. Markeaton Park will play host to the swim and run sections with the bike route taking athletes through Five Lamps into the Cathedral Quarter. The event village on Markeaton Park offers those not competing the chance to enjoy a family day out with food, drink and shopping. Find out more at jensonbuttontriathlon.com

Sun 23 Jul, 9am - 4pm

Markeaton Park

### ALVASTON PARK FAMILY FUN DAY

Alvaston's largest annual fun day.
Come along and enjoy live music,
dance performances, good food, stalls,
a funfair and lots of community spirit.

Sun 30 Jul, 12 noon

**Alvaston Park** Free



### SUPERHERO PICNIC

All you need to do to take part in the fun is dress up like a superhero, bring a picnic and enjoy the activities!
Prizes for best dressed superhero.

Mon 31 Jul - Fri 4 Aug

**Derby Parks** Free





THE BRITISH BMX RACE SERIES

Come and watch the biggest event on the UK domestic calendar, with an entry list of over 1000 competitors vying for glory, a real festival style atmosphere is expected on this bank holiday. Further details can be found at derbybmx.com

Sat 26 - Sun 27 Aug

Alvaston Park

#### THE DARLEY PARK CONCERT

An evening of classical music and fireworks as The Darley Park Concert returns. Come along and enjoy music from Sinfonia Viva, in this stunning natural amphitheatre.



# PESTE

Derby Festé returns bigger, bolder and brighter than ever before. With events for all the family to enjoy make sure you put these dates in your diary.

#### Fri 29 - Sat 30 Sep

#### City Centre

Festé headline act to be announced soon. Check **derbyfeste.com** for details and ticket information.





Derby Folk Festival returns once again with another exciting list of performers including **Show of Hands**, **Oysterband** and **False Lights** 

There will also be dance displays throughout the streets, and free fringe music performances.

Visit **derbyfolkfestival.co.uk** for details.

#### Fri 6 - Sun 8 Oct

Derby Cathedral Quarter £24 - £88



Sat 2 & Sun 3, Sat 9 & Sun 10, Sat 16 & Sun 17 Dec

#### Markeaton Park

Free entry, see on site for attraction prices.



Join us at Derby Arena for another spectacular, star-studded, traditional family pantomime. All your favourite characters will be bought to life in this enchanting and spellbinding tale.

Tue 5 - Sun 31 Dec

Derby Arenα £14.75 - £32.75



His Royal Highness is the stroppiest Prince ever. Find out if he can learn some manners in this fun family show.

Thu 7 - Thu 28 Dec

Guildhall Theatre £10 - £13.50

01332 255800 25



### **EVERYTHING BEGINS** WITH READING





CHILDREN'S CLUBS **& STORYTIME** 



**BOOK A COMPUTER** 



**BORROW EBOOKS & EMAGAZINES** 



**CODING CLUB FOR CHILDREN** 



#### **KEEP FIT FOR THE BRAIN**

Free activities to keep your brain active

Derby Central Library Drop in between 10.30am Puzzles - Sudoku, word searches, cross words.

# **OUR FACILITIES**

For opening times and prices visit our website or contact us.





#### **DERBY ARENA**

Royal Way, Pride Park, Derby, DE24 8JB T: 01332 640011

E: derbyarena@derby.gov.uk

derbyarena.co.uk

#### **SPRINGWOOD LEISURE CENTRE**

Springwood Drive, Oakwood, Derby, DE21 2RQ

T: 01332 664433

E: springwood.sports@derby.gov.uk

derby.gov.uk/springwood





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